PHARMAIDS PHARMACEUTICALS LIMITED

FAMILIARIZATION PROGRAMMES IMPARTED TO INDEPENDENT DIRECTORS FOR THE FY 2025-26

CIN: L52520KA1989PLC173979
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Details of Familiarization Programmes Imparted to Independent Directors

Date of the Programme	Details of the Programme	Mr. Mopperthy Sudheer				Dr. Yogananda Moolemath				Mr. Methuku Nagesh				Mr. Pattamadai Natarajasarma Vijay			
		Number of hours	Number of programmes	Cumulative number of programmes	Cumulative Number of hours	Number of hours	Number of programmes	Cumulative number of programmes	Cumulative Number of hours	Number of hours	Number of programmes	Cumulative number of programmes	Cumulative Number of hours	Number of hours	Number of programmes	Cumulative number of programmes	Cumulative Number of hours
19.05.2025	Business Performance	1	1	10	13	0	0	0	0	1	1	3	4	1	1	3	4
22.08.2025	SEBI (Listing Obligations and Disclosure Requirements) Regulation 2015, Companies Act, 2013, Insider Trading Regulations 2015	1	1	10	13	0	0	0	0	1	1	3	4	1	1	3	4
19.01.2026	Familiarisation on Internal Financial Controls	0	0	9	12	1	1	1	1	1	1	4	5	1	1	4	5